



Stupa Health Care Center Cooperative Ltd.

Nepal Institute of Health Sciences (Stupa College)

Stupa Community Hospital

Outsourcing Test List

S. N.	Test Name	Method	Per test Rate	Remarks
1	24 Hrs Urine Calcium			
2	24 Hrs Urine Creatinine			
3	24 Hrs Urine Protein			
4	24 Hrs Urine Phosphate			
5	24 Hrs Urine Uric Acid			
6	Absolute Eosinophil Count			
7	Absolute Lymphocytes Count			
8	Absolute Neutrophil Count			
9	ACE Level			
10	ACTH			
11	ADA (Pleural/Pericardial/Synovial)			
12	Adenosine Deaminase(CSF)			
13	AFB Stain			
14	A/G Ratio			
15	Albumin			
16	Alkaline Phosphatase (ALP)			
17	Allergy Panel :			
18	Alpha Feto Protein (AFP)			
19	Amphetamine (Urine)			
20	Amylase			
21	Amylase , Urine			
22	ANA ELISA			
23	ANA IFA			
24	ANA PROFILE 18 PANEL : Anti U1-Sn RNP/Sm RNP, Anti Sm, Anti RNP-70, Anti RNP-A, Anti RNP-C, ANTI SSA/Ro, Anti Ro-52 , Anti SSB/La, Anti Scl-70, Anti PM-Scl, Anti Jo 1, Anti CENP-B, Anti PCNA, Anti Ds DNA, Anti Nucleosome , Anti Histone, Anti Rib-P-Protein, Anti AMA/M2			
25	ANCA-MPO (P-ANCA)			
26	ANCA-PR3 (C-ANCA)			

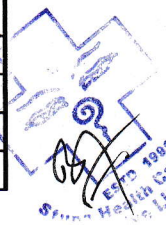


27	ANC Panel : CBC,Blood Grouping, PT/INR ,RBS,TSH, RFT,HIV,HBsAg,HCV, VDRL,Urine Routine			
28	Anti CCP Antibody			
29	Anti DS DNA Antibodies			
30	Anti GBM Antibody			
31	Anti HCV			
32	Anti Mullerian Hormone (AMH)			
33	Anti Nuclear Antibody SCREEN			
34	Anti Thyroglobulin			
35	Anti TPO Antibody			
36	APTT			
37	ASO Titre			
38	ASO Qualitative			
39	Barbiturate(Urine)			
40	Bence Jones Protein , 24 hours Urine			
41	Beta - HCG (BHCG)			
42	Bicarbonate level			
43	Bile Acid			
44	Bilirubin Total			
45	Biopsy Intermediate			
46	Biopsy Large			
47	Biopsy Small			
48	Biopsy Very Large			
49	Bleeding Time			
50	Blood Culture			
51	Blood Urea			
52	Blood Urea (Post)			
53	Blood Urea (Pre)			
54	Blood Glucose Fasting			
55	Blood Glucose PP			
56	Blood Glucose Random			
57	Blood Group ABO Rh			
58	Bone Marrow Biopsy			
59	Brucella Serology B.abortus & melitensis			
60	Brucella IgG /IgM			
61	Buffy Coat For LD Bodies			
62	BUN			
63	CANCA			
64	CANCA/ PANCA			
65	CANCA/ PANCA / Anti GBM			
66	C3 Complement Component			
67	C4 Complement Component			
68	CA 125 (Ovarain)			
69	CA 19. 9 (Pancreatic)			
70	CA 15.3 (Breast)			
71	Calcium-Total			
72	CEA (Carcino Embryonic Antigen)			
73	Chloride			
74	Cholesterol			
75	Cholinesterase Level			
76	Cloride -Urine			

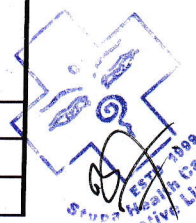
STUDY

77	Clotting Time			
78	Cocaine/Benzoylcegonin(Urine)			
79	Complete blood count (CBC) Haemoglobin (Hb) PCV' Total Count(TC) Differential Count(DC) Platelet Count RBC Count MCV MCH MCHC			
80	Comprehensive Allergy Panel : Grass allergens, Mold allergens, Tree allergens, Animal allergens, Nuts allergens, Vegetable allergens, Non vegetable allergens.			
81	Conjugated (D. Bilirubin)			
82	Cortisol			
83	Cortisol , Evening			
84	Cortisol , Morning			
85	C-Peptide			
86	C-Reactive Protein Qualitative			
87	C-Reactive Protein Quantitative			
88	Creatnine			
89	Creatine Phospho Kinase (CK)			
90	Creatine Phospho Kinase-MB			
91	Cytology			
92	Cytomegalo virus IgG (CMV-IgG)			
93	Cytomegalo virus IgM(CMV-IgM)			
94	D Dimer			
95	Dengue IgG/IgM			
96	DHEAS			
97	Direct Coomb Test			
98	Drug Abuse Panel (6 Test) : Amphetamine, Benzodiazepine, Methadone, Cocaine, THC/Marijuana/Cannabinodes, Opiates.			

99	Drug Abuse Panel (12 Test) : Amphetamine, Benzodiazepine, Barbiturate, Cocaine, MDMA(ECSTASY)-XTC Methadone (MTD) Methamphetamines Opiates, Phencyclidine (PCP) THC/Marijuana/Cannabinoids, Tramadol (TML) Propoxyphene (PPX)			
100	Echinococcus IGG			
101	EGFR			
102	ENA Profile 12 Panel : ANTI SS-A, ANTI SSB, ANTI Sm, Anti Sm/RNP, Anti JO-1, Anti Scl-70, Anti RO-52, Anti CENP-B, DsDNA, Anti Nucleosome, Anti Histone, Anti Rib-P-Protein			
103	ENA Profile 18 Panel ANTI SS-A, ANTI SSB, ANTI Sm, Anti Sm/RNP, Anti JO-1, Anti Scl-70, Anti RO-52, Anti CENP-B, DsDNA, Anti Nucleosome, Anti Histone, Anti Rib-P-Protein, RNP 70, RNP A, RNP C, PM-SCL 100, PCNA, AMA-M2			
104	Estradiol (E2)			
105	ET Tube For Culture			
106	ESR			
107	Extractable Nuclear Ag -Screen			
108	Ferritin			
109	Folic Acid / Folate			
110	Follicle Stimulating Hormone (FSH)			
111	Food Allergy Panel			
112	Free Thyroxine (FT4)			
113	Free Triiodothyronine (FT3)			
114	FNAC			
115	FTFT			
116	Fungal Culture			
117	Gamma GT (GGT)			
118	G.T.T			
119	GCT (1 HOUR)			
120	GCT (2 HOUR)			
121	Globulin			
122	Gonadotrophins (LH & FSH)			
123	Gram Stain			
124	Haemoglobin (Hb)			
125	HAV IgM			
126	Hb A1c			



127	Hbc Total			
128	HbeAb			
129	HbeAg			
130	HBsAb			
131	HBsAg			
132	HBsAg			
133	HBV DNA Viral Load			
134	HCV RNA Viral Load			
135	HDL -Cholesterol			
136	HDL/ LDL Ratio			
137	Hepatitis" B" Surface Antigen			
138	Hepatitis" B" Surface Antigen			
139	Hepatitis C CLIA			
140	Hepatitis C Rapid			
141	HEV IGM			
142	Highly Sensitive CRP			
143	HIV 1+2 , CLIA			
144	HIV 1+2 , Rapid			
145	HLAB27			
146	H.Pylori Antibody Rapid			
147	H. Pylori Ag Stool			
148	HPV (Human Pappiloma Virus)			
149	HSV 1 IgG			
150	HSV 1 IgM			
151	HSV 2 IgG			
152	HSV 2 IgM			
153	HVS For Culture			
154	IgE			
155	IGRA			
156	Immunoglobulin IgG			
157	Immunoglobulin IgM			
158	India Ink Preparation			
159	Indirect Coomb Test			
160	Infertility Panel (Female) : TSH,LH,FSH, Prolactin,Testosterone, Progesterone,E2			
161	Influenza Type A & B Antigen			
162	Inhalant Allergy Panel			
163	Insulin Fasting			
164	Insulin PP			
165	Insulin Random			
166	Intact Para Thyroid Hormone			
167	Iron			
168	Iron Profile : Iron, TIBC, Ferritin, Percent Saturation, Unbound Iron Binding Capasity.			
169	K39			
170	Ketone Bodies / Acetone			
171	KOH Wet Mount			



172	Lactate Dehydrogenase (LDH)			
173	Lactate Dehydrogenase(Fluid)			
174	LBC (Liquid Based Cytology)			
175	LDL Cholesterol			
176	Leptospira IgG,IgM			
177	Leutinising Hormone (LH)			
178	LH / FSH Ratio			
179	Lipase			
180	Lipid Profile test T. Cholesterol Triglyceride HDL Cholesterol LDL Cholesterol VLDL Cholesterol HDL/LDL Ratio T. Cholesterol/HDLCh Ratio			
181	Liver Function Test (LFT) Bilirubin SGPT(ALT) SGOT(AST) Alkaline Phosphatase (ALP) Total Protein Albumin Globulin Albumin Globulin Ratio A/G Ratio			
182	M C H (Mean Corp Hb)			
183	M C H C (Mean Corp Hb Conc)			
184	M C V (Mean Corp Volume)			
185	Magnesium			
186	Malaria Antigen			
187	Malarial Parasite (Slide)			
188	Mean Platelet Volume			
189	Microalbumin			
190	Microalbumin/Creatinine ratio			
191	Mycodot			
192	NT PRO BNP			
193	Occult Blood			
194	PCOD Panel : . . LH,FSH,Prolactin,Testosterone Total, DHEAS,TSH,Insulin Fasting			
195	PANCA			
196	PAP Smear			
197	PCV			
198	Peripheral Blood Smear (PBS)			
199	Phosphorus			
200	Platelet Count			
201	Platelet Distribution Width			
202	Potassium			
203	Pregnancy Test			
204	Procalcitonin			
205	Progesterone			
206	Prolactin (PRL)			



207	Prothromin Time With INR			
208	PSA,Free			
209	PSA,Total			
210	Pus For Culture and Sensitivity			
211	Quantiferon TB Gold			
212	RA Factor (RAF)			
213	RBC			
214	Renal Function Test (RFT) Urea Creatnine Sodium (Na) Potasium (K) Chlorine(Cl) Egfr			
215	Reticulocyte Count			
216	RH Antibody Titre			
217	RH Typing			
218	Rubella IgG			
219	Rubella IgM			
220	Scrub Typhus Detect IgG/IgM			
221	Semen Analysis			
222	SGOT/AST			
223	SGPT/ALT			
224	Sodium			
225	Sodium Potassium			
226	SPOT Urine CAL / CREAT Ratio			
227	Sputum For AFB			
228	Sputum For Culture			
229	Stool For Culture			
230	Stool for Helicobacter Pylori Ag			
231	Stool Routine			
232	Sugar Fasting			
233	Sugar PP			
234	Sugar Random			
235	Tacrolimus level			
236	Testosterone , Total			
237	THC/Marijuana/Cannabinodes			
238	Thyroglobulin			
239	TORCH IGG			
240	TORCH IGM			
241	TORCH Panel (IgG/ IgM)			
242	Total Count			
243	T. Cholesterol/ HDL Ch Ratio			
244	Total Protein			
245	Total Iron Binding Capacity			
246	Total Thyroxine (T4)			
247	Total Triiodothyronine (T3)			
248	Toxoplasma IgG			
249	Toxoplasma IgM			
250	TPHA			
251	Triglycerides			
252	Troponin - I (Semi Quantitative)			
253	TSH, CLIA			
254	TSH Receptor Antibody			



255	Typhi Dot IgG			
256	Typhi Dot IgM			
257	Unbound Iron Binding Capacity			
258	Unconjugated (I.D Bilirubin)			
259	Urea			
260	Urethral Swab For Gram Stain			
261	Uric Acid			
262	Urine Creatinine			
263	Urine Culture			
264	Urine For Calcium Creatinine Ratio			
265	Urine For Dysmorphic RBC			
266	Urine For RBC Morphology			
267	Urine For Toxicology (6 Test Panel) Amphetamine, Benzodiazepine, Barbiturate, Cocaine, THC/Marijuana/Cannabinodes, Opiates.			
268	Urine Routine			
269	V L D L Cholesterol			
270	VDRL			
271	Vit D (25-Hydroxy)			
272	Vitamin B12			
273	Widal Test			

OUTSOURCE LAB TESTING

MINIMUM CRITERIA:

- 1- OUTSOURCING LAB MUST BE CERTIFIED BY NEPAL GOVERNMENT /NPHL**
- 2- LAB MUST BE CRITERIA OF A GRADE OR B GRADE**
- 3- LAB MUST BE ISO 15189 CERTIFIED LAB**
- 4- MUST ATTEND EQAS/INTERNAL QC**
- 5- INSTRUMENTS SHOULD BE ISO or CE or USFDA CERTIFIED**
- 6- HBA1C MACHINE MUST RUN BY HPLC METHOD**

